

Today

Fall 2010



Douglas County Hospital



www.dchospital.com

111 17th Avenue East, Alexandria, MN 56308



Bill Flaig
Administrator

A Message from the Administrator

Excitement is building as we approach the opening of the major expansion of Douglas County Hospital. We will celebrate this milestone with an Open House and tours on Sunday, October 10. This issue of the "Today" publication is our continuing effort to communicate what is happening today and in the future at Douglas County Hospital. In addition to the new expansion project, this issue highlights pediatric rehab, hospital rehab services located at the new Alexandria Area YMCA and the joint replacement center. These new and expanded programs and services are essential to the hospital's commitment for providing quality health care services to the people we serve. The goal of Douglas County Hospital, our Board, Medical Staff and Employees is to continue to provide superior health care services to meet the growing needs of our patients and demonstrate our commitment to excellence.

Grand Opening Celebration of our Hospital Expansion

Sunday, October 10, 2010 | 1pm-4pm
Ribbon Cutting Ceremony at 1pm

**Please join us for facility tours,
including Heartland Orthopedic Specialists Clinic & refreshments!**

DCH Expansion Update

Douglas County Hospital is inviting the community to join DCH in celebrating our grand opening. Hospital staff along with architects, designers, and engineers from Hamel Green Associates and JLG Architects have worked together to design this project to meet the needs of our patients, staff, families, and visitors.

Expansion includes:

- Three-story 110,000 square foot addition
- New surgical patient unit with private rooms/baths
- New obstetrics unit with private rooms/baths
- New orthopedic clinic
- New relocated heliport
- 120 additional parking spaces
- New lobby, hospital entrance and gift shop
- Expanded emergency room lobby

Joint Replacement Center

awarded for Quality Healthcare

If you ever find yourself facing a need for hip or knee replacement, Douglas County Hospital and supporting orthopedic surgeons are your best option in the region. **Blue Cross and Blue Shield of Minnesota** recently named the Joint Replacement Center at Douglas County Hospital a “Blue Distinction Center for Knee and Hip Replacement.” “Blue Distinction” is an honor awarded to medical facilities that have demonstrated expertise in delivering quality healthcare. Currently, Douglas County Hospital houses the only Joint Replacement Program to receive this distinction in West Central Minnesota.

Douglas County Hospital and Heartland Orthopedic

Specialists have worked together for over 37 years to provide quality joint replacement care. In 2008,

the Joint Replacement Center was opened, a special unit within the hospital dedicated entirely to joint replacement patients and their families. Patients are cared for by expert surgeons and a team of specialized medical staff. Coordination of care from pre-operative education to post-operative recovery promotes optimal outcomes for each individual. Benefits from this new approach to joint replacement include superior medical care, advanced patient education, earlier return to an active lifestyle, and excellent patient outcomes.

We are proud to share results from one month post-operative satisfaction surveys. Overall satisfac-

tion with the Joint Replacement Center continues to be “very good to excellent”.

In addition, 100% of individuals surveyed one month following joint replacement state that they would recommend the Joint Replacement Center to friends and family.

In November, the Joint Replacement Center will be relocating to the new hospital expansion.

Patients will take pleasure in beautifully designed accommodations including private rooms, lounge, therapy room, and kitchenette.

For more information regarding the Joint Replacement Center at Douglas County Hospital, visit www.DCHospitalOrthopedics.com, or call Erin McCoy, Joint Care Coordinator, at 320-762-6661.



Don Beseke and wife Bonnie square dancing six weeks after his partial knee replacement.



Note: Designation as Blue Distinction Centers® means these facilities' overall experience and aggregate data met objective criteria established in collaboration with expert clinicians' and leading professional organizations' recommendations. Individual outcomes may vary. To find out which services are covered under your health plan at any facilities, please call Blue Cross and Blue Shield of Minnesota.

Pediatric Feeding Program in Rehab Services

Douglas County Hospital now offers a comprehensive pediatric feeding program for children from birth to 18 years of age who have feeding and eating difficulties. Therapists Chrissy Haugen, OTR/L and Kristin Ostlund, MS, CCC-SLP are trained in the SOS Approach to Feeding. This program integrates sensory, motor, oral, behavioral, medical, and nutritional factors

when evaluating and treating children with feeding difficulties. The SOS Approach focuses on teaching children to interact with food in a playful, non-stressful way while learning the basic rules of eating.

For more information about our feeding program or to request an evaluation, please contact Rehab Services at Douglas County Hospital at 320-762-6079.



Kristin Ostlund and Chrissy Haugen providing pediatric feeding therapy.

OUR MISSION

Douglas County Hospital exists to provide quality health care services, to meet the needs of our customers and demonstrate our commitment to excellence.

Sharon Bridges, RPT, and a pediatric patient using the aquatic therapy at the "Y".



Lynne Richardson, RPT, and an adult patient in aquatic therapy.

Douglas County Hospital Rehabilitation Services Available at the Alexandria Area YMCA

The Rehabilitation staff at Douglas County Hospital understands your family's scheduling needs and now offers a satellite rehabilitation unit located at the YMCA in Alexandria. This location provides easy access and a convenient location to best accommodate you and your family. The rehabilitation services at the YMCA are able to provide adult and pediatric aquatic therapy, in addition to a full range of rehabilitation services and treatments.

Other conditions treated at the Y:

- Orthopedic conditions
- Spine and extremity conditions
- Balance difficulties
- Temporomandibular Joint (TMJ) disorder
- Fibromyalgia
- Manual therapy

For more information or a tour of the DCH Rehabilitation Clinic located at the YMCA call 320-762-6479

AQUATIC THERAPY

Aquatic therapy is the use of water and specifically designed activities to enhance, restore, and maintain or increase an individual's functional abilities.

Health Care Professionals

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Isam M. Alakhras, MD
Hospitalist
Alexandria Clinic



James S. Bear, MD
Emergency Services
Broadway
Medical Center



Paul W. Bergstrand, MD
Family Practice
Alexandria Clinic



Aaron A. Bennett, D.O.
General Surgeon
Broadway
Medical Center



Jefferson C. Brand, MD
Orthopedic Surgery
Heartland Orthopedic
Specialists



Michael L. Bristow, DO
Family Practice
Alexandria Clinic



Brian D. Carlsen, MD
Pediatrics
Alexandria Clinic



Kent A. Carlson, MD
Ophthalmology
Minnesota Eye
Institute



Alison F. Chinn, MD
Internal Medicine
Broadway
Medical Center



Paul A. Dale, MD
Orthopedic Surgery
Heartland Orthopedic
Specialists



Deborah S. Dittberner, MD
Family Practice
Alexandria Clinic



Thomas E. Dudley, MD
Orthopedic Surgery
Heartland Orthopedic
Specialists



Thomas R. Edwards, MD
Emergency Services
Broadway
Medical Center



Richard D. Eiser, MD
Radiology
Alexandria Medical
Scanning Consultants

Health Care Professionals

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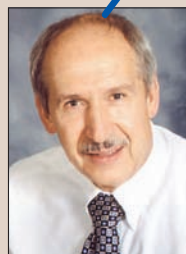
Sam M. Elghor, MD
Pain Management
Center for Pain
Management



Marcine P. Ellwein, MD
Pediatrics
Alexandria Clinic



John W. Emblom, DO
Internal Medicine
Alexandria Clinic



George F. Erhard, MD
Family Practice
Alexandria Clinic



Bruce A. Evink, MD
Family Practice
Broadway
Medical Center



Jean K. Fahey, MD
Pediatrics
Alexandria Clinic



Steven C. Ferguson, MD
Family Practice
Alexandria Clinic



Paul C. Florell, MD
Internal Medicine
Broadway
Medical Center



Kristi A. Gagne, MD
Family Practice
Broadway
Medical Center



Timothy L. Gess, MD
Ophthalmology
Alexandria Eye Clinic



Billie K. Glade, MD
General Surgery
Broadway
Medical Center



Douglas M. Griffin, MD
Family Practice
Broadway
Medical Center



Kurt L. Hansberry, MD
Urology
Alexandria Clinic



Scott T. Hegstad, MD
Family Practice
Broadway
Medical Center



Thomas J. Holsinger, DPM
Podiatry
Broadway
Medical Center



Jeanne M. Howell, CNM
Certified Nurse Midwife
Broadway
Medical Center



Patrick E. Hurley, DO
Orthopedic Surgery
Heartland Orthopedic
Specialists



Jennifer L. Janke, CNM
Certified Nurse Midwife
Alexandria Clinic



Erika L. Johnson, MD
Obstetrics/Gynecology
Alexandria Clinic



Sandra L. Johnson, MD
Family Practice
Alexandria Clinic



Paul M. Kietzmann, MD
Family Practice
Alexandria Clinic



Sunny S. Kim, MD
Spine Surgery
Central Minnesota
Spine Center



Shawn M. Lanman, DO
General Surgery
Alexandria Clinic



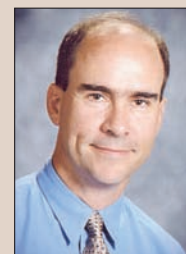
Gemma C. Lim, MD
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Stacey L. Luetmer, MD
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Anthony P. Lussenhop, MD
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Jerry E. McCrery, MD
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Chillon A. McKibbin, CNM
Certified Nurse Midwife
Alexandria Clinic



Eitan Medini, MD
Radiation Oncology
CentraCare



Sohail Mehmood, MD
Hospitalist
Alexandria Clinic



Michelle C. Mirau, MD
Obstetrics/Gynecology
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Erik W. Nelson, MD
Orthopedic Surgery
Heartland Orthopedic
Specialists

Health Care Professionals

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D. Mark Odland, MD
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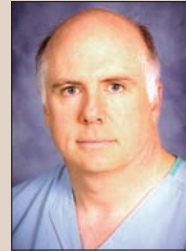
Jeffery R. Olive, MD
Internal Medicine
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Daniela T. Ouzounova, MD
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Alexandria Clinic



Maria L. Patacsil, MD
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Gary L. Paulson, MD
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Susan D. Paulson, MD
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Randy J. Peterson, MD
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Heartland Orthopedic
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Bruce R. Wymore, MD
Family Practice
Alexandria Clinic

Hospital Board Members

Paul Anderson

Bev Bales

Karl Bloomquist

Neil Gillis

Gerald Johnson

David Kjos

Dian Lopez

Dan Olson

Norm Salto

Hospital Statistics 2009

- 637 Babies Delivered
- 15,067 Emergency Room Visits
- 3.6 Days Average Length of Stay
- 4,696 Kidney Dialysis Visits
- 73 Active Physicians on Medical Staff
- \$32 Million Annual Payroll
- \$64 Million Operating Expenses
- 4,615 Inpatient Admissions
- 5,048 Surgeries
- 261,030 New Prescriptions Processed
- 30,473 Radiology Procedures
- 605 Employees



James P. Zwach, MD
Family Practice
Alexandria Clinic

Douglas County Hospital expanding to meet your healthcare needs

Health care remains a growing industry in Douglas County. Douglas County Hospital is one of the community's major employers, providing jobs for over 600 individuals with an annual payroll of \$32 million. The annual operating budget for the hospital is \$64 million. Douglas County Hospital is recognized as a regional medical center with 40% of our patients residing outside of Douglas County. In addition to providing over 600 jobs and healthcare services to our community and surrounding communities, the hospital is instrumental in attracting businesses and individuals to the Alexandria community.

This state-of-the-art expansion

project will position Douglas County Hospital to meet the expanding healthcare needs of patients and families for the next 35 years. This expansion project was financed by a combination of cash reserves and \$26 million in tax-exempt bonds were used to finance the \$31 million project. The tax exempt bonds are revenue bonds which will be paid off with hospital revenues, not local tax dollars. Currently, Douglas County Hospital receives no local or county tax subsidy.

The patient rooms (top) in the new facility are designed with a "family centered" focus. The helipad (right) was relocated to the northeast corner of the hospital grounds. There are approximately 65-70 air ambulance transfers each year.



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